

## Cardiff Health, Social Care and Wellbeing ebriefing – February 2019

### Cardiff Health, Social Care and Wellbeing Network meeting 5 March 2019

The next Network meeting is taking place from 9.30am on the 5 March 2019, in the Harbour Room at Baltic House (CF10 5FH). The agenda includes:

- Meeting the new Assistant Director for Adult Social Services, Louise Barry, who will be speaking about the Directors Annual Report,
- Session on Changing Places Facilities across Cardiff and the Vale, looking at current provision and where any gaps may be;
- Consultation response information gathering on how to tackle obesity, for feeding into the Cardiff and Vale plan, and to write a third sector response to the Welsh Government consultation.

To book a place at the meeting please email [bookings@c3sc.org.uk](mailto:bookings@c3sc.org.uk)

**Cardiff and Vale Health Charity Third Sector Grants Programme:** The Cardiff and Vale Health Charity has allocated £30,000 in total to support third sector community healthcare improvement projects in the region. The Grants Programme is administered by Glamorgan Voluntary Services (GVS) on behalf of the Cardiff and Vale Health Charity. The key priorities for this grant programme are the arts and wellbeing and social prescribing. The maximum that can be applied for is £6,000. The Grant is open from the 25 February until 12pm on **Friday 22 March 2019**. Application forms and guidance are available by telephone on 01446 741706 or by emailing [ceri@gvs.wales](mailto:ceri@gvs.wales)

**C3SC Brexit News Hub:** A page has been set up on the [C3SC website dedicated to Brexit](#).

### Joint working:

**Changing Places Scoping Project – Engagement: Call for expressions of interest.** The Cardiff and Vale Future Disabilities Programme Board on behalf of the Cardiff and Vale Regional Partnership Board are seeking to gather up to date information on Changing Places toilets across the region. We want to hear from those who need to use them, their carers and any other citizens with an interest. Cardiff Third Sector Council are leading on this area of work for the Region in close collaboration with the Disabilities Futures Team. A survey will be shortly available electronically, and there are a number of events across Cardiff and the Vale being planned to gather people's views. The current provision can be found on the [Changing Places website](#). If you have any views or opinions please respond to the survey or you can email [admin@c3sc.org.uk](mailto:admin@c3sc.org.uk) no later than the 15 March 2019.

**Launch of the Cardiff and Vale Learning Disability Joint Commissioning Strategy:**

The launch of the Strategy will be taking place from 10am to 2pm on Tuesday, 18 June 2019. Booking forms will be available at the beginning of April.

**"Keeping people well": Moving More, Eating Well - Creating a Healthy Weight Framework for Cardiff and the Vale of Glamorgan:**

Together we have already made really good progress across Cardiff and the Vale of Glamorgan, in keeping people healthy and well, through our wellbeing plans, our Area Plans and our organisational plans, but we have much more to do if we want to be the best in Wales, the UK and to be an exemplar of good practice internationally. Please can you save the following date in you diary to help us think about what else we can do:

- **Tuesday 12<sup>th</sup> March 2019 at 1pm** for the Cardiff workshop. **The venue for this workshop is Star Hub, Muirton Road, Splott, Cardiff CF24 2SJ.**

To reserve your place, please contact Deborah Page on:

[Deborah.page2@wales.nhs.uk](mailto:Deborah.page2@wales.nhs.uk) or 02921 832125.

**Health Information:**

**Public Health Wales:** [The Public Health Implications of Brexit in Wales: A Health Impact Assessment Approach](#) has been published and is available online.

**Children and Women's Clinical Board:** The 2019 Celebration Event is due to take place in the 3 June 2019 at UHW.

**Community Health Council:** They have released a report on 'Communication in the NHS' which shares their findings following a national engagement exercise across Wales. The full report is available online [One Simple thing: Communication in the NHS](#).

**Public Health Wales:** Have developed a Long Term Strategy covering 2018-2030, it is available online on the [website](#).

**Invest to save:** [new guidance on priority areas for health and wellbeing action](#) have been launched.

**Free NHS courses:** The dates for the NHS Education Programmes for Patients and Carers for 2019 are now available [online](#).

**Cardiff and Vale UHB:** News items from the website:

- [Cardiff and Vale UHB launches animated films for people with Eating Disorders](#)
- [Cardiff and Vale "Best in Wales" improved position in Welsh Government escalation and intervention arrangements](#)
- [Macmillan Quality in Information and Support Services Award for University of Wales](#)
- [Work starts on specialist Neuro and Spinal rehabilitation at Llandough](#)

- [Men's Shed making a difference to the environment at Rookwood Hospital](#)
- [Cardiff and Vale UHB innovation 'Show Me Where' goes global](#)
- [Transforming the care of Type 2 Diabetes patients in Cardiff and the Vale](#)
- [Hospital-based gym opens to help patients who are being treated for breast cancer](#)

**Cardiff and Vale University Health Board:** For all the [latest news from the Health Board](#) please see their website which is regularly updated.

## Cardiff Council

**Cardiff Council Libraries:** The Council Libraries are taking part in the Reading Well Books on Prescription for Dementia. For information on what is available see [Reading Well Wales: Overview of the dementia titles](#).

**Cardiff and Vale Care and Support Regional Workforce Partnership:** The next Managers Forum meeting will be taking place on the 18 March 2019 from 9.30am at Hebron Hall in Dinas Powys. For more information please visit the [training website](#)

**Cardiff Council Citizens Panel:** Applications are now open to join the Citizen Panel, to complete the online application form visit:  
<https://www.snapsurveys.com/wh/s.asp?k=152207298239>

### Other Cardiff Council news:

- [Cardiff to consider proposals to bridge £32.4m budget gap](#)
- [17 things you need to know about Cardiff Council's administration's budget proposals for 2019/20](#)
- [Cardiff Council statement on tents in the city centre](#)
- [Cardiff is the Welsh city hit hardest by UK Government austerity](#)

## Welsh Government / National

**Social Care Wales:** Are now producing a monthly e-bulletin. To sign up to receive the bulletin email [newsletters@socialcare.wales](mailto:newsletters@socialcare.wales).

**Welsh Government:** Have a regional event to present the proposals and receive feedback for the Healthy Weight: Healthy Wales plan to tackle obesity in Wales, in Newport from 6.30pm on the 12 March 2019. To book a place or for more information please [click here](#).

**National Harm Reduction Conference for Wales – Save the date:** The conference is due to be held in Cardiff on the 21 March 2019. To register early interest please email [mary-eve.nelson@wales.nhs.uk](mailto:mary-eve.nelson@wales.nhs.uk)

### Other news from Welsh Government:

- [Busiest January on record for Welsh emergency departments](#)
- [New funding to help prevent and reduce suicide in Wales](#)

- [Ministers press ahead with 50p minimum unit price for alcohol in Wales](#)
- [First Minister announces St David Awards finalists](#)
- [New Treatment Fund is improving and prolonging lives across Wales](#)
- [Young Care leavers to be exempt from paying council tax](#)
- [New support for previous recipients of the Welsh Independent Living Grant](#)
- [Transforming eye care services in Wales: Those at highest risk of going blind to receive prioritised treatment in UK first](#)
- [Welsh charity funding announced on International Day of Zero Tolerance for Female Genital Mutilation](#)

### Third Sector News:

**Gofal The Carer's Project:** Breathe is offering several therapies and treatments to support carers across Cardiff and the Vale. For more information please see their [flyer online](#).

**Wales Restorative Approaches Partnership:** Is a social enterprise which provides support for the building, maintaining and repairing of relationships across five core service areas: criminal justice, education, families, communities, and business. For more information visit their [website](#).

**Ara's Gambling Service in Cardiff:** Up to 8 Free Face to face or telephone counselling sessions. For more information please visit the [recovery4all website](#). Clients can access the service by telephone 0117 9300282 or email [kcreception@recovery4all.co.uk](mailto:kcreception@recovery4all.co.uk)

**Age Alliance Wales:** During 2017 Age Alliance Wales carried out two surveys relating to social care and the impact of the Social Services and Wellbeing (Wales) Act 2014 on older people. The results are now [available online](#). They are looking to run the survey's again, the first for [older people and their carers](#) and the second for [professionals who work with older people](#), the surveys are due to be open until the end of April 2019.

**Advocacy Support Cymru:** We Hear You: Finding your Voice – Annual Event will be taking place on the 12 March 2019 at the All Nations Centre, Cardiff. For more information please visit <https://www.ascymru.org.uk/training/we-hear-you-annual-event-2019>

**Planning Aid Wales:** Are running free planning policy training in Rhiwderin, Newport on the 4 March 2019. For more information or to book please [visit the website](#).

### Open Consultations

- [National Assembly for Wales Inquiry into the Blue Badge Scheme in Wales: Eligibility and Implementation, open for submissions until 1 March 2019](#)
- [National Assembly for Wales Allotments, open for submissions until 1 March 2019](#)

- [Welsh Government Code of practice on the delivery of autism services, open for submissions until 1 March 2019](#)
- [Cardiff Council Local Toilet Strategy, open for submissions until 4 March 2019](#)
- [National Assembly for Wales Community and district nursing services, open for submissions until 8 March 2019](#)
- [National Assembly for Wales Mental health in policing and police custody, open for submissions until 15 March 2019](#)
- [Welsh Government Draft additional learning needs code, open for submissions until 22 March 2019](#)
- [Welsh Government Improving public transport, open for submissions until 27 March 2019](#)
- [The role of the issuing authority for apprenticeship framework, 29 March 2019](#)
- [Welsh Government Draft national violence against women, domestic abuse and sexual violence indicators, open for submissions until 29 March 2019](#)
- [Draft guidance on relationships and sexuality education, open for submissions until 1 April 2019](#)
- [National Assembly for Wales Benefits in Wales: options for better delivery, open for submissions until 11 April 2019](#)
- [Welsh Government Healthy: weight healthy Wales, open for submissions until 12 April 2019](#)
- [Welsh Government Measuring our nations progress, open for submissions until 19 April 2019](#)
- [National Assembly for Wales Provision of health and social care in the adult prison estate, open for submissions until 14 May 2019](#)

### **Cardiff Third Sector Council training in February 2019:**

- [Discrimination Awareness, 5 March 2019](#)
- [Safeguarding Individuals \(All Ages\), 7 March 2019](#)

For all the latest news, and details of training and events, please visit [www.c3sc.org.uk/network/hscn](http://www.c3sc.org.uk/network/hscn)

Please note the continuing change of format for the ebriefing. If you no longer wish to receive the monthly Cardiff Health, Social Care and Wellbeing briefing you can opt-out by emailing Sarah Capstick at [sarah.c@c3sc.org.uk](mailto:sarah.c@c3sc.org.uk) at any time.